

**“Reclaiming Food as Family Medicine  
“Living Breath of wəłəbʔaltx”  
Indigenous Foods and Ecological Knowledge Symposium  
May 3 and 4, 2019**

**FRIDAY**

- 8:30 – 9:00 am Registration and Continental Breakfast
- 9:00 – 9:20 am *Opening Welcome.* Living Breath Planning Committee: Susan Balbas (Cherokee/Yaqui) Dr. Charlotte Coté (Tseshah/Nuu-chah-nulth), Dr. Dian Million (Athabaskan), Dr. Michelle Montgomery (*Haliwa Saponi/Eastern Band Cherokee*, Jordan Woolston.
- 9:20 – 9:30 am *Welcome prayer*, Glen Pinkham (Yakama)
- 9:30 – 10:30 am *Keynote:* He moumou kai, he moumou tāngata: Kai governance, kai sovereignty, and the (re)production of Kai – He Rongoā ngā kai (kai as medicine).  
Presenters: Dr Rawiri Tinirau (*Te Atawhai o te Ao*) (Maori), Fiona Wiremu (Maori).
- 10:30 – 10:55 am *Traditional Foods and Medicines-Hi-dasubač Intiative*  
Presenter: Isabell Ides (Makah)
- 10:55 – 11:00 am *Break*
- 11:00 – 11:50 am *Three Sisters in the Willamette Valley: Plants and Transplants in Kalapuya Ili.*  
Presenters: Talon Claybrook (Mvskoke), MFA graduate student in art at the University of Oregon, Brian Klopotek (Choctaw), Associate Professor of Ethnic Studies, Director of Native Americans Studies, University of Oregon, Joe Scott, (Confederated Tribe of Siletz Indians, Takelma) Tribal Language and Culture Bearer, ITEK Project Coordinator, Long Tom Watershed Council.
- 11:55 – 12:30 pm *yəhúmæct Taking Care of Yourself with Traditional Foods and Culture. Jamestown S’Klallam Traditional Foods Project.*  
Presenters: Lisa M. Barrell (Jamestown S’Klallam), Traditional Foods Project Manager, Jamestown S’Klallam Tribal Council Secretary, Mack Grinnell (Jamestown S’Klallam), Traditional Foods Assistant.
- 12:30 – 2:00 pm *Food Blessing and Lunch.* Lunch: Elk stew, salad, herring eggs prepared by Gail Gus (Tseshah). Elk donated by Glen Pinkham.
- 2:00 - 2:25 pm *Herencia de Una Tierra Viva (Legacy of a Living Land).*  
Presenter: Mrs. Noemi Perez Vargas, Zapotec community of Cuajimoloyas in Oaxaca, Mexico, (Translator, Yolanda Valencia, UW Geography Department).
- 2:30 – 3:15 pm *Nagaajiwanaang: Dakonigaade gaye ganawenjige i’iw gete-wiisiniwin dawiidookodaadiwag. (They take hold of and care of the old foods to help each other.) Fond du Lac Reservation: Reclaiming and Revitalizing Food Traditions for Community Wellness.*  
Presenters: Janis A. Fairbanks (Fond du Lac Band of Lake Superior Chippewa) , Fond du Lac Anishinaabemowin (language) Coordinator, Jeff Savage (Fond du Lac Band of Lake Superior Chippewa) Indigenous food producer, Ellen Friedrich, Food Sovereignty VISTA worker, Zackarion LaRonge (Lac Courte Oreilles Band of Ojibwe), Language & Curriculum Specialist.
- 3:15 – 3:20 pm *Break.*

- 3:20 – 3:45 pm *Ákvlá: Roe, Rights, and Resistance.*  
Presenter: Vina Brown, (Heiltsuk and Nuuchah-Nulth), Faculty and Indigenous Programs Coordinator, Northwest Indian College
- 3:50 – 4:15 pm *Food is Sacred: It is our “Right to Food and Holistic Well-being.”*  
Presenter: Mariaelena Huambachano (Ph.D) (Quechua), Assistant Professor, Indigenous Studies and Sustainability, California State University, Northridge.
- 4:20 – 4:45 pm *Our Sustenance. Six Nations Food Access Program.*  
Adrienne Lickers Xavier (Onondaga), Predoctoral Fellow/Doctoral Candidate, Queen's University/Royal Roads University, Six Nations of the Grand River Territory, Ontario, Canada.
- 4:45 – 5:00 pm Living Breath symposium committee, closing comments.

## **SATURDAY**

- 8:30 – 9:00 am Registration and Continental Breakfast.
- 9:00 – 9:15 am *Welcome.* Living Breath Planning Committee: Susan Balbas (Cherokee/Yaqui) Dr. Charlotte Coté (Tseshah/Nuuchah-nulth), Dr. Dian Million (Athabaskan), Dr. Michelle Montgomery (*Haliwa Saponi/Eastern Band Cherokee*, Jordan Woolston.
- 9:15 – 10:00 am Keynote Presentation: *tuuk<sup>w</sup>?asiil (cultivating) a Space for Community Healing, Wellness, and Revitalization: The Tseshah Community Garden Project.*  
Presenters: Gail Gus (Tseshah), Tseshah Crisis Care and Wellness Coordinator, Dr. Charlotte Coté (Tseshah), Associate Professor, Department of American Indian Studies, University of Washington.
- 10:00 – 11:00 am *Breakout Sessions/Workshops.*  
Workshop #1: Reclaiming Food as Family Medicine with Evergreen Tree Tip Teas and Herbal Honeys.  
Facilitators: Chief Leschi School staff, Patricia Conway (Puyallup), and Davina Barril (Tlingit), and High School students, Faith Hudson (Navajo), Johnny Leitka, (Hoh Tribe), Yesinia Jackson, (Quileute), Marissa John, (Puyallup), and Joseph DeMarco, (Puyallup).  
Workshop # 2: Port Gamble S’Klallam, Traditional Sustainable Practices classes.  
Facilitator: Shallee Baker (Port Gamble S’Klallam tribe).
- 11:00 – 12:00 pm *Breakout Sessions/Workshops Discussion and Dialogue.*
- 12:00 – 1:30 pm *Food Blessing and Lunch.* Lunch: Salmon Sandwiches, Salad, Herring Eggs prepared by Gail Gus (Tseshah).
- 1:30 – 2:30 pm *Breakout Sessions/Workshops.*  
Workshop #1: Hase’: Breath of our Ancestors. Language Revitalization and the Restoration of Sqnala: Wholeness.  
Facilitators: Sara Child (Kwakiutl) language revitalization advocate, North Island College faculty, Tli’anis, Ema Sheena (Kwakiutl/Interior Salish), language and culture teacher, Wagalus School and Kwakwaka’wakw youth.  
Workshop #2: Glen Pinkham verses Washington.  
Facilitators: Glen Pinkham (Yakama Nation), Jack Fiander, attorney.
- 2:30 – 3:30 pm *Breakout Sessions/Workshops Discussion and Dialogue*
- 3:30 – 4:00 pm Living Breath symposium committee closing comments; announce Raffle winners.