HERENCIA DE UNA TIERRA VIVA

Noemí Pérez Vargas, Oaxaca, México
Cuajimoloyas is located in the Northern Highlands of Oaxaca, Mexico.
The Pueblos Mancomunados area group of 8 Zapotec communities with more than 400 years of history.
Etnic group: zapotec
The communities are based on the system of traditions and customs. It means that there are not political parties.
The Tequio and Guelaguetza

Working together for the common benefit.
Women are given the responsibility to provide for the well-being of our families.
From my grandmother I learned traditional recipes and my husband taught me about how to work in harmony with the land.
Wild mushrooms

Mushrooms has been part of the local gastronomy for many years, but until 1998 we only knew 4 edible species.
Wild mushrooms

Today we know more than 350 species, 50 of them are edible.
Sierra Viva is a local collective integrated by 5 women of the community who process the edible mushrooms.
The future
“The legacy or a living land”

“A future with pure water, clean air and a land/soil that produces”.
¡GRACIAS!
THANKS